Winter Sports

The All-Mountain Skier: The Way To Expert Skiing
by R. Mark Elling 796.935 Ell 2003 (PBRL)
Elling is certified by the Professional Ski Instructors of America and has written this book to help skiers choose the best equipment and to perform like professionals on the slopes.

Anyone Can Be An Expert Skier 1: New Way to Ski
by Harald R. Harb 796.93 Har (BCRL, MA, PBRL)
Harb shares his innovative Primary Movements Teaching System to teach expert techniques to skiers of all levels.

The Art of Snowboarding: Kickers, Carving, Halfpipes and More
by Jim Smith 796.939 Smi (MA)
Basic as well as advanced level snowboarding skills are included. The book is well illustrated in order to assist readers in seeing the various stages of how each trick is done.

The Bombardier Story: Planes, Trains, and Snowmobiles
By Larry MacDonald 338.7629046 MacD (BCRL, KL, MA)
This is the story of Bombardier’s rise to become one of the top aerospace companies in the world.

The Complete Book of Figure Skating
by Carole Shulman 796.912 Shu (BCRL, MA, PBRL)
This book contains instruction for over 100 skills for beginner to advanced figure skaters. Shulman’s instructions will help skaters to train, develop programs, and improve competitive performance.

The Winter Olympics: An Insider’s Guide to the Legends, the Lore, and the Game
By Ron C. Judd 796.98 Judd (BCRL, MA)
A guide to the winter Olympics.

Cross-country skiing and snowshoeing in Ontario, 2nd ed.
by Tracey Ariel 796.9320971. Ari 2005 (MA)
A guide to all the best trails in Ontario.

Curling for Dummies
by Bob Weeks 796.964 Wee (BCRL, PBRL)
From picking your curling club to learning the rules to coaching the game, this book has all the information you need to start curling and/or improve your game.
Winter Sports

**Fit to Ski and Snowboard**
by Rocky Snyder 796.93 Sny (MA)
A variety of exercises is included to assist an individual in preparing for skiing and snowboarding.

**Going for Gold**
By Catriona Le May Doan 796.914092 LeMay (BCRL, MA, PBRL)
The story of Catriona Le May Doan and her rise to become Canada’s premier speed skater.

**Hockey: A People’s History**
by Micheal McKinley 796.962 Hor (BCRL, PBRL, WO)
This companion book to the CBC aired documentary is a must-read for any Canadian hockey fan.

**Modern Methods in Ice Fishing**
By Tom Gruenwald 799.122 Gru (BCRL, AN, MA)
There’s no better resource for ice fishing tips and techniques. There are many great photos to show you how it’s done.

**Snowboarding Skills: The Back to Basics Essentials for All Levels**
by Cindy Kleh 796.9 Kle (DC, PBRL)
Anything you want to know about snowboarding can be found in this illustrated guide to the book. A must-read before you hit the hills.

**FOR KIDS:**

**100 Games for Winter**
By J.M. Allué J 790.1 All (PBRL)
Look through a hundred different games for you and your kids to play this winter.

**The Kids Winter Cottage Book**
By Jane Drake J 790.192 Dra (BCRL, KL, MA, WO, PBRL)
Includes many wonderful ways to enjoy the frosty season, including sports, crafts, and recipes.

**Ice Sports**
By Robert Sandelson J 796.98 San (MA)
Looks at different sports played on ice.
For kids who are a bit older, the game can be turned into a sentence-forming game, where the kids will be required to make a sentence using the name of a fruit. What You will Require. A ball. A group of children. How To Play. Tell the kids form in a circle. The ball is given to one of the children and ask that kid to name a fruit and then pass on the ball to the other child. The kid who has a ball in his hands will have to say the name of a fruit. If a child is not able to say the new name or drops the ball, he is out of the game. 2. Guessing Game.