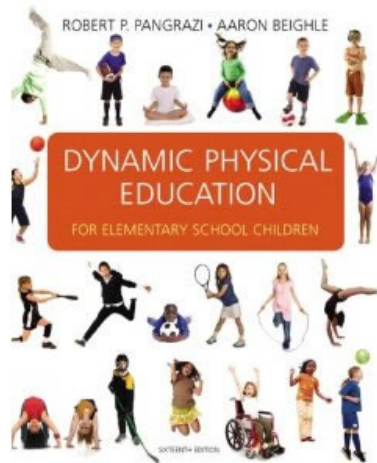


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MEDIA REVIEW

DYNAMIC PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL CHILDREN, 16th edition



Target Audience/Purpose: Professional Physical Educators and Classroom Teachers

Author's purpose for book: To assist physical educators in inspiring students to live healthy, active lives as well as to enjoy physical fitness throughout their lifespan. Dynamic Physical Education (DPE) text was also written to help new teachers understand why they are teaching various skills and activities in the curriculum.

The sixteenth edition of *Dynamic Physical Education for Elementary School Children* (DPE) retains a strong emphasis on physical education for professional Physical Education teachers. This edition also maintains a strong emphasis on student skill development, physical activity participation, and physical fitness behaviors. This edition includes supplementary resources, an instructor resource manual and an instructor resource DVD (for helping pre-service and in-service teachers think, reflect, and improve on the act of teaching).

The new and exciting version of DPE is concise and easier to read and understand. The text is organized into two main sections: (a) Instruction and Program Implementation and (b) Teaching the Objectives of Physical Education. The first part

addresses necessary knowledge to become an effective Physical Education teacher and part two is comprised of the instructional activities including (a) Introductory activities (b) Fitness activities (c) Lessons (d) Games and (e) Instructional diagrams.

Summary: The chapters are outlined in a very user friendly format which makes the textbook an easy read. For each chapter, the authors do a nice job of highlighting the essential components of a quantity of programs and NASPE standards as well as providing applications for the content. Pictures, graphics, and tables are vivid, inviting, and simple. Physical activities are broken down into the simplest form for teaching, which is useful for individuals new to this curricular model or reviewing this content knowledge.

In the second section of the textbook, the lesson plans/activities are also very detailed with diagrams, checklists, pictures, and hints for maximum understanding and transitions for teaching content to students. The authors give many examples and choices of activities to choose from as well as providing information on the playing area, players, supplies and skills need to meet lesson objectives. One of the most useful features of the book are the definitions in the back!

Strength/Limitations: Strengths: This book provides a great variety of evidence-based activities. The new layout of the book offers the information in a more concise and easier to understand format. In addition, the authors included the NASPE standards and the eight essential components of a quality program. Further, age and developmental appropriate assessments are included.

Limitations: One limitation may be a lack of specific training to implement specific assessment instruments provided.

Recommendation: DPE provides teachers with the necessary tools to focus on teaching and managing students. It is a great road map to increase success and confidence in teaching. This book is also great for districts or schools who do not have a defined curricular model.

DYNAMIC PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL CHILDREN, 16th edition

Authors: Robert P. Pangrazi and Aaron Beighle

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See our disclaimer. 9780134011356 Dynamic Physical Education for Elementary School Children + Curriculum Guide. Specifications. Publisher. Pearson, Pearson Education. Book Format. Other. DYNAMIC PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL CHILDREN Chapter 2 Teaching Children in the Physical Education Environment R O B E R T S I X T E E N T H P A N G R A Z I EDITION PowerPoint® Lecture Slide Presentation prepared by Mary J. Sariscsany, California State University Northridge Copyright © 2010 Pearson Education, Inc. The Growing Child: Outline § Growth patterns § Controlled by genetics at birth §. All children follow a general pattern of growth (timing is unique) Copyright © 2010 Pearson Education, Inc Growth Patterns § Rapid growth from birth to age five § Growth slows from age six to adole The compulsory age for children to begin elementary school is five or six and elementary education may last for six years. Typical subjects include reading, writing, arithmetic, art, geography, history, physical education, fine arts, and foreign languages. In some countries, noncompulsory religion classes may be offered. Since the fall of Communism, most eastern European elementary school systems follow the western European education model. Elementary schools in Europe experience many of the same issues related to student achievement, diversity, poverty, and violence that face their U.S. count

1 Physical education in the elementary school system is an essential curriculum for the development of all children. Early physical education classes provide children with a process for progression from the random play stage to the organized game and eventually structured learning. Throughout this process, children learn the value of group dynamics. Values such as sharing, team play, communication and respect for others become common practice. Apart from group development, physical education at an early age can also dramatically help children succeed in the classroom environment. All children learn at different rates. Learning new ideas and developing them require time and much practice before reaching some success. Elementary school physical education -- Teaching children in the physical education environment -- Preparing a quality lesson -- Curriculum development -- Improving instructional effectiveness -- Management and discipline -- Children with disabilities -- Evaluation -- Legal liability, supervision, and safety -- Facilities, equipment, and supplies -- Integrating academic concepts -- Promoting and. Used by over half a million readers, the best-selling Dynamic Physical Education for Elementary School Children offers the next generation of physical education teachers the best guide in step-by-step techniques for teaching physical education.